



AHA Course Matrix

Courses for Lay Rescuers (workplace or anyone who needs a course completion card)

Course	Delivery Format	Content / Modules	Features & Benefits	Audience	Student Materials	Instructor Materials	Written Exam / Skills Session	Course Completion Card Type	Estimated Time	CME / CE Credit	Offered in Spanish
HEARTSAVER COURSES											
Heartsaver® CPR AED	 Classroom-based (Instructor and video)	<ul style="list-style-type: none"> Adult CPR AED (with a mask) Adult choking Optional modules: <ul style="list-style-type: none"> Child CPR AED Child Choking Infant CPR Infant choking 	<ul style="list-style-type: none"> Skills are taught using AHA's research-proven Practice-While-Watching technique, which allows Instructors to observe students, provide feedback and guide students' acquisition of skills Modular format creates course flexibility Ideal for learners who prefer group interaction and feedback from an Instructor while learning skills Each student receives the highest quality course materials to supplement their learning Skills practice and testing included during course to ensure students demonstrate competency performing skills 	Heartsaver courses are for anyone with limited or no medical training who needs a course completion card in first aid and/or CPR AED to meet job, regulatory or other requirements.	<i>Heartsaver CPR AED Student Workbook</i> (90-1044) Includes: Adult CPR & AED Reminder Child & Infant CPR & AED Reminder	<i>Heartsaver First Aid CPR AED Instructor Manual</i> (90-1029) Heartsaver First Aid CPR AED DVD set (90-1028) Stopwatch	Optional written test available for Instructors to administer to students whose employers require completion of a written test Skills practice and testing with AHA Instructor during course	Heartsaver CPR AED course completion card	3-4 hours	No	No
Heartsaver® First Aid	 Classroom-based (Instructor and video)	<ul style="list-style-type: none"> First aid basics (including scene safety, finding the problem, calling for help and more) Medical emergencies (including actions for choking, breathing problems, shock and more) Injury emergencies (including actions for bleeding, broken bones, burns and more) Environmental emergencies (including actions for bites and stings, and temperature-related and poison emergencies) 	<ul style="list-style-type: none"> Skills are taught using AHA's research-proven Practice-While-Watching technique, which allows Instructors to observe students, provide feedback and guide students' acquisition of skills Modular format creates course flexibility Ideal for learners who prefer group interaction and feedback from an Instructor while learning skills Each student receives the highest quality course materials to supplement their learning Skills practice and testing included during course to ensure students demonstrate competency performing skills 	Heartsaver courses are for anyone with limited or no medical training who needs a course completion card in first aid and/or CPR AED to meet job, regulatory or other requirements.	<i>Heartsaver First Aid Student Workbook</i> (90-1027) Includes: Heartsaver First Aid Quick Reference Guide (90-1025)	<i>Heartsaver First Aid CPR AED Instructor Manual</i> (90-1029) Heartsaver First Aid CPR AED DVD set (90-1028)	Optional written test available for Instructors to administer to students whose employers require completion of a written test. Skills practice and testing with AHA Instructor during course	Heartsaver First Aid course completion card	2-3 hours	No	No